

NEVADA BREEZE FITNESS GRAVITY® PROFESSIONAL SERVICES

PARTY-BUS: (on-location)

Rhythmbus Mobile Events
* Birthday Parties
* Wedding Receptions
* Family Reunions
* Comedy Retreats
* Fundraisers/Charities
* Special Events

PRODUCTION:

Queen of Hooks ®
* Providing Hooks & Production to
groups & individuals of all ages
on all levels of Music & Promotions
for the Entertainment Industry

PERSONAL TRAINING/ GROUP FITNESS SESSIONS:

Rhythmcise ® (Rhythm Fitness Training)
Rhythmcadio ® (Cardio Fitness Training)
Rhythmpedics ™ (Chair Fitness Training)
Rosewhistle ™ (Fitness Training including
breathing technique)
Rhythmgravity Aerobics ® (Aerobic Fitness Training)
Rhythmgravitate ® (Rhythm Balance Fitness Training)
Heelcise ® (Balance Fitness Training)
Alphanumericalword ® - (Fitness Training using
the Language of Sound)

**to inquire about any of the above services, please contact BC by phone at (916) 550-1975 or
by email at nevadabreezebc@gmail.com**