

NEVADA BREEZE FITNESS GRAVITY® PROFESSIONAL SERVICES

PARTY-BUS: (on-location)

Rhythmbus Mobile Events

- * Birthday Parties
- * Wedding Receptions
- * Family Reunions
- * Comedy Retreats
- * Fundraisers/Charities
- * Special Events

PRODUCTION:

Queen of Hooks®

- * Providing Hooks & Production to groups & individuals of all ages on all levels of Music & Promotions for the Entertainment Industry

PERSONAL TRAINING/ GROUP FITNESS SESSIONS:

- Rhythmcise®** (Rhythm Fitness Training)
- Rhythmcardio®** (Cardio Fitness Training)
- Rhythmpedics®** (Chair Fitness Training)
- Rosewhistle®** (Fitness Training including breathing technique)
- Rhythmgravity Aerobics®** (Aerobic Fitness Training)
- Rhythmgravitate®** (Rhythm Balance Fitness Training)
- Heelcise®** (Balance Fitness Training)
- Alphanumericword®** (Fitness Training using the Language of Sound)

RHYTHM THERAPY™ :

- Rhythmpeutics®** (Self-Massaging Training & Massage Therapy Services)
- Rhythmmessage™** (Massage Therapy Techniques & Services)

2 inquire about any of the above services, please contact by texting BC at (916) 398-6277 or by email at nevadabreezebc@gmail.com (Subject: BC)